

Threads of Awakening

An American Woman's Journey
into Tibet's Sacred Textile Art



Leslie Rinchen-Wongmo

Foreword by His Holiness the Dalai Lama

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self-discovery."

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ISBN: 978-1-64742-093-2 | \$24.95

Release Date: August 23, 2022

Publisher: She Writes Press

Distribution: Ingram Publisher Services

One of few non-Tibetans to master
the Buddhist art of appliqué thangkas

